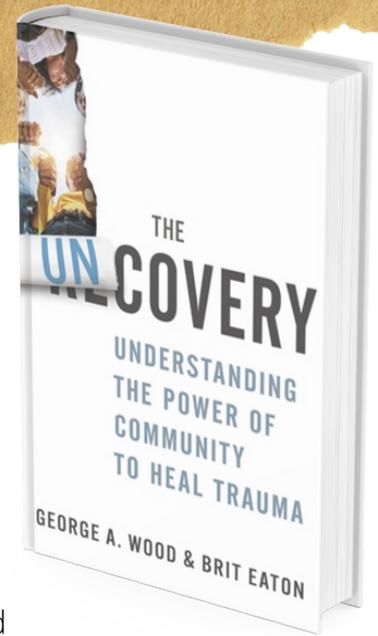


Turn traditional recovery standards upside down with the *Uncovery* paradigm, which offers new life lived in community



Relapse is not only possible but probable for those struggling with addiction, mental health issues, and suicidal thoughts, according to George A. Wood in his new book ***The Uncovery: Understanding the Power of Community to Heal Trauma***. Wood co-authors with Brit Eaton—writer, speaker, adjunct professor, and strong advocate for nontraditional recovery and women in ministry.

Wood knows all about the impulse to relapse. This former addict turned recovery activist and founder of three different recovery ministries has experienced relapse personally and seen it time and again in those he serves. His years of experience, however, have shown him a new way to what he calls “the promised-land life God has for all of us.”

The Uncovery goes beyond traditional recovery to promote a whole-life transformation based on loving people as Jesus did during His earthly ministry. “*The Uncovery* is not lockstep, programmatic, or sequential...[It] encompasses recovery, but it also invites us to go deeper and do more in the recovery space, both for the people in recovery and the ones loving and leading them through it,” Wood and Eaton say in the book.

Wood and Eaton offer an honest analysis of what is working and what isn’t in the recovery space. They explore how the church may be missing the mark by valuing mere sobriety over life transformation and assuming addiction is always a sin.

Instead, they offer a three-part Uncovery framework for representing Jesus well, which includes:

1. asking the right questions,
2. listening to the Holy Spirit, and
3. helping to identify the right next steps in their lifelong recovery journey.

“Recovery is the civil rights movement of our generation. And if we, the church, are willing to participate, I believe we will see revival rise up from the ashes of a reformed and refined recovery culture,” Wood says. “We’ll see healing, deliverance, and transformation. We’ll see families restored, lives rebuilt, and hearts fully reconciled to the Father.”

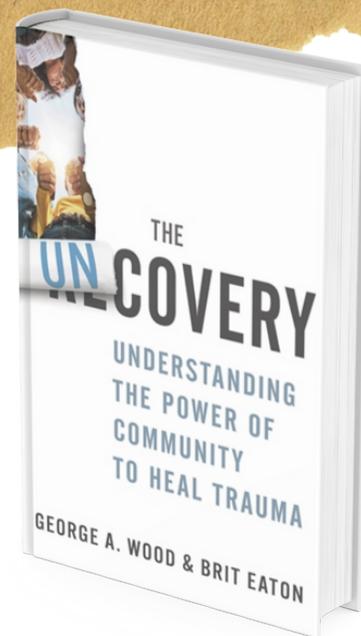
The Uncovery: Understanding the Power of Community to Heal Trauma
By George A. Wood and Brit Eaton



9781641238533
Trade Paperback, \$16.99

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Whitaker House

Suggested Interview Questions for George A. Wood and Brit Eaton



- What makes this time of so much strife in our world the perfect time to “break the recovery mold” and reform recovery?
- What is the difference between traditional recovery programs and the Uncovery?
- How does sobriety, or deliverance, differ from transformation, which you define as living a promised-land life?
- How has the Christian church’s recovery theology hurt more than it has helped? What needs to change?
- Describe what recovery isn’t and, in your estimation, what it is.
- Are struggles with addiction and mental health because of sin or sickness?
- What does living a promised-land life look like?
- Is this book just about addiction or is there more to *The Uncovery*?
- *What role does trauma play in our struggles?*
- *Why does the church find it so hard to talk about mental health and suicide?*
- How can the church, with its Spirit-led ideology, join with the scientific community to understand trauma?
- How does being surrounded by authentic community help with the Uncovery?
- How are the recovery world’s all-or-nothing standards detrimental to recovery?
- How did the COVID-19 pandemic affect those struggling with addiction and mental health?
- You say, “Recovery is the civil rights movement of our generation.” What do you mean by that?

George A. Wood & Brit Eaton



George A. Wood is an ordained minister, pastoral care counselor, recovery ministry founder, and recovery activist.

A former addict and suicide survivor, George has dedicated his life to radically grace-laced, Christ-centered recovery for people struggling with addiction, mental health problems, and suicidal thoughts.

He works tirelessly to bridge the gap between the spiritual and scientific communities to help people see recovery differently and build a new baseline for trauma-informed care.

A highly charismatic and sought-after teacher and preacher, George has become a nontraditional recovery authority through his radically divergent Timothy Initiative and Sober Truth Project ministries.

The Timothy Initiative is a faith-based ministry and open-ended program that works with men in addiction by providing safe housing and work opportunities. The Sober Truth Project aims to reshape how the world views addiction, mental health, people with suicidal thoughts, and the roles that faith, science, and trauma play in recovery to develop a more empathetic and loving society.

George studied business management at Binghamton and Morrisville State universities in New York and mental health and Christian life coaching with the American Association of Christian Counselors. A certified addiction specialist, he is an ordained pastor and pastoral care counselor with Cornerstone Mission Family Church.

George lives in the inner city in Tampa, Florida, with his wife Julie and a community of brothers and sisters living out the gospel in a radical way. He has seen how the power of community can heal the trauma that causes addiction, mental health problems, and suicidal thoughts and is focused on mobilizing a generation of believers to go deeper into the Uncovery.



Brit Eaton is a content strategist, writer, speaker, discipler, and all-around pursuer of the kingdom of God. She helps corporate, nonprofit, and ministry leaders find the words to say to move people to action.

An eager apostle and strong advocate for nontraditional recovery and women in ministry, Brit ministers in diverse, spirit-filled environments committed to unity in the body of Christ.

In addition to *The Uncovery: Understanding the Power of Community to Heal Trauma*, inspired by and developed with George Wood, she co-authored *Reckless Grace*, a book inspired by and developed with Bill Vanderbush.

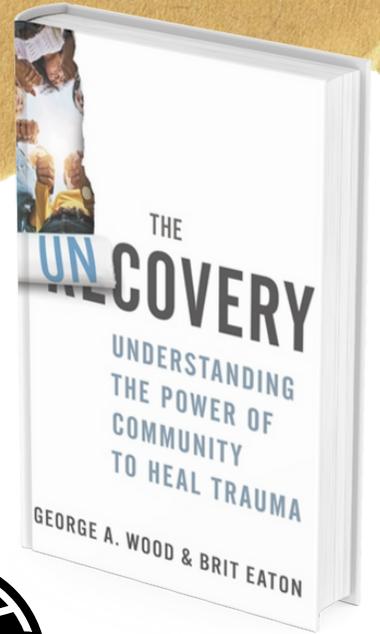
Brit received a B. A. in Visual Communication from Mount Vernon Nazarene University, where she serves as an adjunct professor of business and marketing. She received her M. S. in marketing and communication, summa cum laude, from Franklin University. She also served in the U. S. Marine Corps Reserve.

Brit lives in a log home on ten wooded acres in Mount Vernon, Ohio, with her husband Mike and daughter Bella.

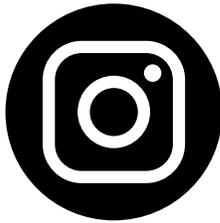


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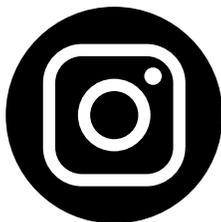
Connect with George A. Wood & Brit Eaton



George A. Wood



Brit Eaton



TheUncoveryBook.com